



Seamen's Church Institute

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KNITTING INSTRUCTIONS FOR SEAFARERS' GIFTS



HAT

Knitting Needles: Size 9 [5 1/2 mm] or size to give gauge.

Gauge: 16 sts=2"; 11 1/2 rows + 2" in Rib pat.

Rib Pat

Row 1: (Right Side): K 2, *P 2, K 2; rep from * across.

Row 2: P 2, *K 2, P 2; rep from * across.

Rep Rows 1 and 2 for Rib Pat.

Cast on 110 sts. Work in Rib pat until 4" from Beginning, end pat Row 2.
continue in Rib oat until 11" from beg, end pat Row 2.

Next Row: K 2 Tog, *P 2 Tog, K 2 tog: rep. from * across - 55 sts.

Next Row: P 1, * K 1, P 1: rep from * across.

Next Row: * K 2 tog; rep from * to last st, K 1 - 28 sts.

Next Row: * P 2 tog; rep from * across - 14 sts. Cut yarn leaving a long end. Thread thru a yarn needle, draw end thru rem sts, gather and secure. Sew back seam reversing cuff seam for turnback.

BALACLAVA - HELMUT (WSFS Style)

Tools & Materials: 4 double-pointed needles size #3 (9 inches long or longer)

5-6 oz. 4-ply yarn in Orlon, Polyester or Acrilon, in any color

Gauge: 5.5 stitches. Make 1 inch; 10 rows make 1 inch.

Cast on 28 stitches on one needle; with two needles work the garter stitch (knit every row) back and forth, increasing 1 stitch each end of needle every other row, until there are 48 stitches. Work even in garter stitch until piece measures 7 inches from beginning; leave on needle.

With other two needles make another piece just the same as above.

With one needles knit 32 stitches; with second needle knit 16 stitches from first piece and 16 stitches from second piece. Knit onto third needles the remaining 32 stitches. Join these 96 stitches and work round and round in ribbing of K2, P2 for 3 inches.

Next row - K12 and then slip next 24 stitches off onto holder. Work garter stitch back and forth (as if on 2 needles) on the remaining 72 stitches for 6.5 inches.

Next row - K50 stitches, sl 1, K1, pass slipped stitch over='psso', K1, turn; *sl 1, K28, sl 1, K1, psso, K1, turn*. Continue back and forth between *s, (which decreases 1 stitch each row and takes on 1 stitch from the side each row) until you have worked out to the ends of needle; 30 stitches remain. This will now be called the 3rd needle.

Pick up and K27 stitches on one side of face opening with one needle and K2, P2 for 12 stitches from stitch holder at neck.

With needle two, K2, P2 for 12 stitches remaining on stitch holder and pick up and K27 stitches along other side of face opening, and K1 stitch from 3rd needles onto needle two.

Work round and round in ribbing of K2, P2 for 1.5 inches and bind off loosely.

NOTE: Plain knitting means knit every row = garter stitch.

SCARF

SPECIAL ABBREVIATION: C8F = S1 next 4 sts onto a cablestitch holder and leave at front of work, K 4, then K 4 from holder.

CABLE PAT: worked over 14 sts.

Row 1 (Right Side): P 3, K 8, P 3..

Row 2 AND EVERY EVEN ROW: K 3, P 8, K 3.

Row 3: P 3, C8F, P 3.

Rows 5, 7, 9: Rep Row 1.

Row 10: Rep Row 2.

Rep Row 1 - 10 for Cable Pat.

SCARF: Cast on 50 sts. Knit 6 rows. **Establish Cable and Rib Pats as follows:**

Row 1 Right Side): K 2, [P 2, K 2] 4 times, Cable pat Row 1, [K 2, P 2] 4 times, K 2.

Row 2 AND EVERY EVEN ROW: P 2, [K 2, P 2] 4 times, Cable Pat Row 2, [P 2, K 2] 4 times, P 2.

Rows 1 and 2 form Rib pat. Continue in this manner, working Rib pat and appropriate rows of Cable pat until 48" from beg, end wrong side row. Knit 6 rows - Bind off.

FINISHING: Cut 4" lengths of yarn. With crochet hook and 2 strands held tog, attach to every 2nd st across each end. (Tassels)

MITTENS

Cast on 42 sts. Work in Rib pat for 2 1/2", continue in Rib pat until 5 1/2" from beg, end pat Row 2, work in St st, beg K Row, for 2 rows. Shape thumb as follows:

Row 1 (Right Side): K 20, place marker on needle, M1, K 2, M1, place a marker on needle, K 20 - 44 sts (2 sts increased between thumb markers).

Row 2: P.

Row 3: K 20, sl marker, M1, K to 2nd marker, M1, K 20 - 2 sts inc.

Rep Rows 2 and 3 until there are 14 sts between thumb markers, End Row 2

Divide for Thumb - Next Row: K 20, put next 14 sts on a holder, K to end - 40 sts.

Work even until 5 1/2" above division, end wrong side row.

Shape Top - Next Row: *K 2 tog; rep from * across - 20 sts. P 1 row.

Next Row: * K 2 tog; rep from * across - 10 sts. Cut yarn leaving a long end. Thread thru a yarn needle, draw end thru rem sts, gather and secure.

Thumb: With right side facing, join yarn to 14 sts on holder. Work in St. st, beg K row, until 3 1/4' above division, end wrong side row.

Next Row: * K 2 tog; rep from * across - 7 sts. Cut yarn leaving a long end. Thread thru a yarn needle, draw end thru rem sts, gather and secure.

FINISHING: Sew thumb seam. Sew side seam reversing for cuff turnback. Make other mitten same.