

KNITTING/CROCHET FOR SEAFARERS

Many seafarers from tropical climates do not have warm clothing, and they suffer in our bitter North Atlantic winters.

Hand-made scarves and hats not only offer warmth and comfort; they also represent a gift of kindness from someone who cares enough to invest time and creativity.

The patterns that follow are suggestions, but [please feel free to use any knitting or crochet pattern you like](#), or find one on the internet.

Keep in mind:

- **Seafarers work hard and get dirty!**
 - ✓ Please use **machine-washable yarn in dark colors**

- **Their job can be dangerous!**
 - ✓ Simple patterns are best.
 - ✓ **Avoid tassels, pom-poms, and fringe**, which can get in the way and even create a safety hazard.



Seamen's Church Institute

475 N. 5th Street, Philadelphia, PA 19123
Phone (215) 940-9900 Fax (215) 922-1737.

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KNITTING/CROCHET FOR SEAFARERS

KNITTED HAT

Washable yarn, medium worsted weight

Knitting needles: Size 9 [5 1/2 mm] or size to give gauge.

Gauge: 16 sts=2"; 11 1/2 rows in Rib pat.

Rib Pattern

Row 1: (Right Side): K 2, *P 2, K 2; rep from * across.

Row 2: P 2, *K 2, P 2; rep from * across.

Rep Rows 1 and 2 for Rib Pat.

Cast on 110 sts. Work in Rib pat until 11" from Beginning, end pat Row 2.

Next Row: K 2 Tog, *P 2 Tog, K 2 tog: rep. from * across - 55 sts.

Next Row: P 1, * K 1, P 1: rep from * across.

Next Row: * K 2 tog; rep from * to last st, K 1 - 28 sts.

Next Row: * P 2 tog; rep from * across - 14 sts.

Cut yarn leaving a long end. Thread thru a yarn needle, draw end thru rem sts, gather and secure. Sew back seam, reversing cuff seam for turnback.



KNITTING/CROCHET FOR SEAFARERS

KNITTED SCARF

Washable yarn, medium worsted weight

Knitting needles: Size 9 [5 1/2 mm] or size to give gauge.

Gauge: 16 sts=2"; 11 1/2 rows in Rib pat.

SPECIAL ABBREVIATION: C8F = S1 next 4 sts onto a cablestitch holder and leave at front of work, K 4, then K 4 from holder.

CABLE PAT: worked over 14 sts.

Row 1 (Right Side): P 3, K 8, P 3..

Row 2 AND EVERY EVEN ROW: K 3, P 8, K 3.

Row 3: P 3, C8F, P 3.

Rows 5, 7, 9: Rep Row 1.

Row 10: Rep Row 2.

Rep Row 1 - 10 for Cable Pat.

SCARF: Cast on 50 sts. Knit 6 rows. **Establish Cable and Rib Pats as follows:**

Row 1 Right Side): K 2, [P 2, K 2] 4 times, Cable pat Row 1, [K 2, P 2] 4 times, K 2.

Row 2 AND EVERY EVEN ROW: P 2, [K 2, P 2] 4 times, Cable Pat Row 2, [P 2, K 2] 4 times, P 2.

Rows 1 and 2 form Rib pat. Continue in this manner, working Rib pat and appropriate rows of Cable pat until 48" from beg, end wrong side row. Knit 6 rows - Bind off.



KNITTING/CROCHET FOR SEAFARERS

CROCHET HAT

(SIZE SM/MED)

**Medium (4) worsted weight yarn,
washable**

Hook Size H/8-5.00 mm

Abbreviations:

Dc-Double Crochet

Sc-Single Crochet

Hdc-Half Double Crochet

Sl St-Slip Stitch

St-Stitch

**Hat is worked in rounds—do not turn (continue crocheting in same direction.)*

**Close each row with a Slip Stitch to top of first stitch.*

**Chains at beginning of each row count as beginning Dc, Hdc, or Sc.*

To Begin: Ch 3. Sl St to first ch to form circle. Ch 3.
Work 15 Dc in circle (16 Dc.)

Row One: Ch 1. Sc in same st . Two Sc in each st (32 sc.)
Sl St to top of 1st st.

Row Two: Ch 2. Hdc in each st. (32 Hdc..)
Sl St to top of 1st Hdc.

Row Three: Ch 1. Sc in same st. Two Sc in each st. (64 Sc.)
Sl St to top of 1st Sc.

Row Four: Ch 2. One Hdc in each st. (64 Hdc.)
Sl St to top of 1st Hdc.

Row Five: Ch 1. One Sc in each stitch (64 Sc.)
Sl St to top of 1st Sc.

REPEAT Rows four and five until hat measures 8 inches from top to bottom, ending with a single crochet. Tie off/weave-hide yarn ends.



KNITTING/CROCHET FOR SEAFARERS

CROCHET SCARF

Hook size J/10-6.00mm

Medium worsted weight yarn, washable.

Finished Size –49" long and 4" wide

Gauge –10 DC = 4"(10cm).

Abbreviations

Ch = chain

YO = yarn over

DC = double crochet

TN = tapestry needle

Start by chaining as long as you want the scarf to be (keeping in mind that a project can lose length as you crochet). Once you have reached the desired length in the starting chain, do a DC on the 4th ch loop from the hook. After the DC is done, skip one ch and do a DC on the next ch. Follow this pattern till you reach the end. It should look like a ladder.***If you reach the end and there is an odd chain left, do a DC on it***

Then Ch 4, turn your project, and do a DC around the Ch, not on the loop of the Ch but around the Ch, so you are YO, going under the Ch, YO again and complete the steps of finishing the DC.

Follow suit of a DC on every chain; don't skip any. Once you reach the end (and remember not to leave any chains left) Ch 4 and turn project. Repeat entire process until you reach the width of the scarf that you want. Remember, we are working on the width, not the length; that was determined at the beginning.

When your desired width is reached, use a TN to weave in the string from the beginning chain and the one left at the end after you make your closing knot.

